

Washington, D.C. – San Antonio Congressman Charlie Gonzalez announced that [new data](#) released today from the Centers for Disease Control and Prevention (CDC) shows that the Affordable Care Act has helped one million additional young adults to get health insurance.

“Today, the Affordable Care Act has again delivered on its promise to improve the lives of America’s families by providing more access to quality, affordable health care. Because of the Affordable Care Act, one million young adults are now being protected by health insurance, and they, not the health insurance companies, are back in charge of their health care choices. With more and more Americans receiving health coverage, our country is significantly reducing its long-term health care costs.”

Specifically, data from the National Health Interview Survey (NHIS) shows that in the first quarter of 2011, the percentage of adults between the ages of 19 and 25 with health insurance increased by 3.5 percentage points, representing approximately 1 million additional young adults with insurance coverage compared to a year ago.

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